

SNACK GUIDELINES

Please see the document titled, **Snack Guidelines** and consult with the district website for more information by checking out the following link: <https://www.casdonline.org/Page/15149>

Teacher Procedures for Classroom Food Activities

At the beginning of each school year:

1. Send home Permission to Participate in Food Activities form.
2. Each student must return the form to participate.

When planning a food activity in your classroom:

1. Plan food activities that comply with the school food expectations and CASD Wellness Policy.
2. Prepare an ingredient list for the activity.
3. Send the list to the nurse to cross check for students with food allergies.
4. Notify parents of the upcoming activity and send an ingredient list home to parents that wish to review based on beginning of the year form.
5. Notify the nurse of the date and time of activity.

During the food activity:

1. Only serve food to the children who have returned a permission slip.
2. Only serve food to children who wish to taste the food.
3. Monitor all students for possible allergic reactions.
4. Students should not be graded on participation in food tasting.
5. Students should not be punished for refusing to taste food.

The Permission to Participate in Food Activity Form (Please see below) can be found in the Public Folder-Buildings and Offices- Scotland- Forms.

Permission to Participate in Food Activities

Your child's class will be having a variety of learning experiences that may involve food. Your permission is needed in order for your child to participate. Your child's teacher will notify you in advance of all activities involving food. This notification will include the date, time of the activity, and list of ingredients. Please select one of the options listed below:

_____ My child may participate in all activities involving food.

_____ My child may not participate in activities involving food.

_____ I wish to review the ingredient list prior to each activity involving food and then make decision.

Child_____

Grade_____

Parent/Guardian signature_____

Date_____